

## Workplace Tidbits

### Resilience in the Workplace



In today's workplace, resilience has become a key trait required for peak performance. It contributes to a company's success by encouraging its employees to face challenges confidently and learn from their mistakes.

Resilience is the ability to recover from a challenge and to use that challenge as a learning opportunity. In the workplace, resilience can mean solving problems, facing challenges and recovering from mistakes. For example, an employee may show resilience when they experience a traumatic event and then need to return to work, or if someone has difficulty completing a project and still manages to meet the deadline.

Why is resilience in the workplace important?

Resilience can help employees manage stress and motivate them to face challenges with determination.

It also aids job satisfaction as it:

- Improves employee self-esteem
- Increases employee engagement
- Views challenges as lessons
- Improves communication
- Supports innovation

<https://www.indeed.com/career-advice/career-development/resilience-in-the-workplace>

## REREC participates in Sustainable Energy Conference



*REREC CEO C.P.A. Peter Mbugua with other participants at the summit.*

REREC's top Management led by the CEO CPA Peter Mbugua this week joined other participants from the Energy Sector and other players drawn from the renewable energy and financial institutions in Africa during the continent's inaugural sustainable energy conference held at Olkaria in Naivasha.

The Sustainable Energy Conference 2022, whose theme was 'Renewable Energy for Sustainable Development' provided a platform that brought together global investors and policymakers in oil, gas and power together for the first-ever summit held in Kenya to discuss challenges hampering efforts to scale up the use of clean energy and brainstorm on relevant remedial measures.

Speaking during the event, the CS. Ministry of Energy Amb. Monica Juma, who is also the acting CS for Petroleum told participants at the two day conference that green energy production will go a long way in cushioning millions of Kenyans who are bearing the brunt of the high cost of petroleum products adding that. "There is need for Kenya to embrace green energy production in the wake of the skyrocketing fuel prices, .

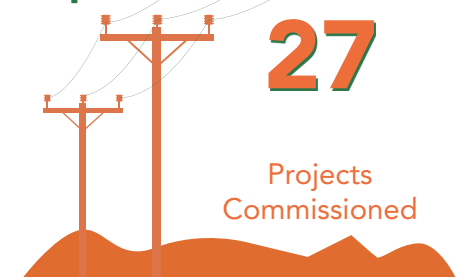
"For Africa to achieve carbon neutrality targets set by the Paris Agreement, the

continent must invest in green energy and avert irreversible damage to ecosystems and livelihoods linked to temperature rise," said Juma.

Delagates were in agreement that the continent's green energy transition hinged on innovative financing and friendly regulations.

The two-day event was organised by the Ministry of Energy, Nation Media Group, the Kenya Electricity Generating Company (KenGen).

## Projects' Progress Report



27No. projects were commissioned in the week ending 17/06/2022, in various parts of the country.

The total number of commissioned projects in the current financial year stands at 1066No. with 1125No. projects in progress. 100 projects are awaiting either joint inspection, shut down or commissioning.

## Internal Audit Policy

This policy seeks to provide a road map for implementing internal audit functions and strategies to improve internal audit operations.

Learn More in  
Chapter 27  
of the Internal  
Policies

Soma,  
Elewa,  
Tekeleza